



**MONDAY JAN 13<sup>th</sup> - LUNCH**

**SANTA CATALINA PASTA**

- PASTA PRIMAVERA BAR
- BAKED CHEESE MANICOTTI (VEG)

**SAN CLEMENTE ENTREES AND SIDES**

- CHICKEN CORDON BLEU WITH DIJON SAUCE
- WILD RICE BLEND (V)
- GREEN BEANS (V)
- FRESH CORN AND YELLOW PEPPER MEDLEY (V)

**SAN NICHOLAS DELI**

- EDAMAME HUMMUS AND GRILLED CHICKEN SALAD PLATE

**SAN MIGUEL MEXICAN GRILL**

- GRILLED FISH TACOS WITH SLAW AND MANGO DE GALLO

**SANTA ROSA GRILL AND PIZZA**

- IRISH BURGER WITH CORNED BEEF BLEU AND CHEDDAR CHEESES
- SPINACH AND ALFREDO PIZZA

**ANACAPA SALADS**

- KALE AND FARRO SALAD WITH GRILLED VEGETABLES
- "BLT" RANCH SALAD

**ANACAPA SOUPS**

- VEGETARIAN RED LENTIL SOUP (VEG)
- CHICKEN TORTILLA

**SANTA CRUZ SWEETS**

- FROZEN YOGURT AND COOKIES (LUNCH & DINNER)

**TUESDAY JAN 14<sup>TH</sup> - LUNCH**

**SANTA CATALINA PASTAS**

- MEAT LASAGNA
- PAD THAI NOODLE BAR

**SAN CLEMENTE ENTREES AND SIDES**

- SALMON WITH LIME YOGURT, CUCUMBER SALSA AND ORANGE SAUCE
- FORBIDDEN BLACK RICE (V)
- KALE AND CARROT MEDLEY WITH SESAME (V)
- GARLIC GREEN BEAN (V)

**SAN NICHOLAS DELI**

- ROAST BEEF AND CHEDDAR FLATBREAD PANINI

**SAN MIGUEL MEXICAN GRILL**

- BEEF MACHACO TACOS WITH CHIMICHURRI SAUCE

**SANTA ROSA GRILL AND PIZZA**

- BUFFALO CHICKEN WRAP

- FRESH MOZZARELLA AND BASIL PIZZA (VEG)

**ANACAPA SALADS**

- RAINBOW QUINOA SALAD (V)
- YELLOWFIN TUNA SALAD WITH SHIITAKE SESAME DRESSING

**ANACAPA SOUPS**

- WINTER SQUASH BISQUE (VEG)
- CHICKEN AND PASTA SOUP

**SANTA CRUZ SWEETS**

- FROZEN YOGURT AND COOKIES (LUNCH & DINNER)

**WEDNESDAY JAN 15<sup>TH</sup> - LUNCH**

**SANTA CATALINA PASTAS**

- MACARONI AND CHEESE BAR

**SAN CLEMENTE ENTREES AND SIDES**

- CARVED TURKEY BREAST WITH COUNTRY GRAVY
- WHIPPED GOLDEN POTATOES
- BROWN RICE PILAF (V)
- JALAPENO/CHEDDAR BISCUITS (VEG)
- BROCCOLI WITH CHEESEY SAUCE (VEG)
- MIXED VEGETABLES (V)

**SAN NICHOLAS DELI**

- THREE HUMMAS FLATBREAD WITH FETA AND HEIRLOOM TOMATO SALAD (V)

**SAN MIGUEL MEXICAN GRILL**

- PORK CARNITAS TORTA WITH PEPPERJACK CHEESE AND PINEAPPLE MAYO

**SANTA ROSA GRILL AND PIZZA**

- BEEF FAJITA RANCH BURGER
- BBQ CHICKEN PIZZA

**ANACAPA SALADS**

- ROASTED FARRO, TOMATOES, CURRANTS AND KALE SALAD (V)

V=VEGAN

VEG=VEGITARIAN

GF=GLUTEN FREE



- ANACAPA SOUPS
- VEGETABLE BEEF SOUP
- VEGETARIAN CREAMLESS BROCCOLI SOUP (V)

SANTA CRUZ SWEETS

- FROZEN TREATS AND COOKIES (LUNCH & DINNER)

THURSDAY JAN 16<sup>th</sup> - LUNCH

SANTA CATALINA PASTAS

- FARMERS MARKET STAND
- BAKED CHEESE TORTELINI WITH SUNDRIED TOMATO CREAM SAUCE

SAN CLEMENTE ENTREES AND SIDES

- GRILLED SANTE FE CHICKEN BREAST RICE BOWL WITH CHILLED CILANTRO/ROASTED PEPPER SALAD AND RED MOLE SAUCE
- CILANTRO RICE (V)
- ASSORTED MARKET VEGETABLES(V)
- BROCCOLI FLORETS (V)

SAN MIGUEL MEXICAN GRILL

- CARNE ASADA TACOS WITH CORN/GREEN APPLE SALSA AND FRESH AVOCADO

SANTA ROSA GRILL AND PIZZA

- VEGETARIAN FALAFEL WITH TAHINI SAUCE
- WHITE PIZZA

SAN NICHOLAS DELI

- GRILLED VEGETABLES AND FRESH MOZZARELLA ON SPROUTED 9 GRAIN BREAD

ANACAPA SALAD

- 6 SUPER GRAIN SALAD WITH DRIED FRUITS AND FRESH HERBS (V)
- CALIFORNIA COBB SALAD

ANACAPA SOUPS

- TOMATO BISQUE
- CHICKEN PASOLE

SANTA CRUZ SWEETS

- FROZEN TREATS AND COOKIES (LUNCH AND DINNER)



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