



**MONDAY JAN 27th**

**SANTA CATALINA PASTA**

- PENNE PASTA PRIMAVERA BAR
- VEGETABLE LASAGNA (VEG)

**SAN CLEMENTE ENTREES AND SIDES**

**LUNCH**

- MEATBALL MARINARA HERO
- BROWN RICE AND GREEN LENTIL MEDLEY (V)
- GRILLED EGGPLANT AND TOMATO (V)
- GREEN BEANS WITH GARLIC (V)

**DINNER**

- BEEF STROGANOFF
- BUTTERED EGG NOODLES
- FRESH CORN AND ASPARAGUS MEDLEY (V)
- ROSEMARY RED BLISS POTATOES (V)

**SAN NICHOLAS DELI**

V=VEGAN

VEG=VEGITARIAN

GF=GLUTEN FREE

- TURKEY, BACON AND FRESH AVOCADO PANINI WITH BOURSIN CHEESE

**SAN MIGUEL MEXICAN GRILL**

- BEEF OR CHICKEN NACHOS WITH ALL THE TOPPINGS

**SANTA ROSA GRILL AND PIZZA**

- CORNED BEEF REUBEN BURGER WITH SLAW AND SPICY MUSTARD DRESSING
- SPINACH AND ALFREDO PIZZA (VEG)

**ANACAPA SALADS**

- GREEN BEAN, JICAMA AND PINK GRAPEFRUIT SALAD (V)
- GRILLED CHICKEN AND CHIPOLTE SALAD

**ANACAPA SOUPS**

- VEGAN CHICKEN AND BROWN RICE SOUP (VEG)
- CHICKEN TORTILLA

**SANTA CRUZ SWEETS**

- FROZEN YOGURT AND COOKIES (LUNCH & DINNER)
- STRAWBERRY SHORTCAKE (DINNER)

**TUESDAY JAN 28TH**

**SANTA CATALINA PASTAS**

- CHEESE MANICOTTI WITH PESTO SAUCE (VEG)
- FAJITA STATION (LUNCH)
- PASTA BAR (DINNER)

**SAN CLEMENTE ENTREES AND SIDES**

**LUNCH**

- CHICKEN AND SHRIMP PAELLA STYLE WITH CHERRY TOMATO SALSA
- SAFFRON RICE (V)
- KALE AND CARROT MEDLEY WITH SESAME (V)
- GARLIC GREEN BEAN (V)

**DINNER**

- BROILED SALMON FILLET WITH LEMON DILL SAUCE AND CUCUMBER/TOMATO RELISH

- FINGERLING POTATOES (V)
- BABY SQUASH AND CARROTS (V)
- BROCCOLI FLORETS (V)

**SAN NICHOLAS DELI**

- SOUTHERN FRIED CHICKEN PANINI WITH COLESLAW AND MAPLE MAYO

**SAN MIGUEL MEXICAN GRILL**

- GRILLED RED SNAPPER TACOS WITH KIWI SALSA AND JALAPENO SAUCE

**SANTA ROSA GRILL AND PIZZA**

- HOUSEMADE BLACK BEAN BURGER WITH SPICY MANGO DRESSING (VEG)
- FRESH MOZZARELLA AND BASIL PIZZA (VEG)

**ANACAPA SALADS**

- MILLET WITH BLACK KALE AND ROOT VEGETABLE SALAD (V)
- BBQ CHICKEN TORTILLA SALAD

**ANACAPA SOUPS**

- SHIITAKE MUSHROOM BISQUE (VEG)
- BEEF MINISTRONE SOUP

**SANTA CRUZ SWEETS**

- FROZEN YOGURT AND COOKIES (LUNCH & DINNER)
- CHOCOLATE DIPPED STRAWBERRIES (DINNER)

**WEDNESDAY JAN 29TH**

**SANTA CATALINA PASTAS**

- FRIED RICE BAR WITH MEAT AND VEGETARIAN TOPPINGS
- BAKED 3 CHEESE "MAC & CHEESE" (VEG)

**SAN CLEMENTE ENTREES AND SIDES**

**LUNCH**

- PORK BBQ BABY BACK RIBS WITH MEMPHIS STYLE BBQ SAUCE
- BROWN RICE PILAF (V)
- HERBED CORNBREAD (VEG)
- BROCCOLI WITH CHEESEY SAUCE (VEG)
- MIXED VEGETABLES (V)

**DINNER**

- GRILLED CHICKEN TERIYAKI BOWL
- COCONUT JASMINE RICE (V)
- SAUTEED SESAME BLACK KALE
- ASPARAGUS AND FRESH RED PEPPER MEDLEY (V)

**SAN NICHOLAS DELI**

- CAPIACOLA, HAM, PEPPERONI ITALIAN SUB WITH PROVOLONE CHEESE

**SAN MIGUEL MEXICAN GRILL**

- POPCORN SHRIMP TACOS WITH CHIPOLTE SAUCE AND SHREDDED CABBAGE SLAW

**SANTA ROSA GRILL AND PIZZA**

- CHILI DOGS WITH CHEESE
- BBQ CHICKEN PIZZA

**ANACAPA SALADS**

- GREAT GREEN VEGAN SALAD (V)
- WALDORF CHICKEN SALAD



- ANACAPA SOUPS
- MULLIGATAWNY SOUP
- VEGETARIAN BLACK BEAN SOUP (V)

**SANTA CRUZ SWEETS**

- FROZEN TREATS AND COOKIES (LUNCH & DINNER)
- RED VELVET CUPCAKES (DINNER)

**THURSDAY JAN 30th**

**SANTA CATALINA PASTAS**

- FARMERS MARKET STAND
- PENNE PASTA WITH ITALIAN SAUSAGE AND BROCCOLI

**SAN CLEMENTE ENTREES AND SIDES**

**LUNCH**

- CHICKEN VINDALOO WITH TANDOORI SPICED TOMATO RELISH
- BASMATI RICE WITH DATES AND OLIVES (V)
- ASSORTED MARKET VEGETABLES (V)
- GREEN PEAS, CORN AND CARROTS (V)

**DINNER**

- SLICED HERB MARINADED PORK LOIN WITH A WARM MANGO AND BLACK BEAN SAUCE
- WHIPPED YAMS (VEG)
- BAKED POTATOES (V)
- ASPARAGUS SPEARS (V)

**SAN MIGUEL MEXICAN GRILL**

- MEXICAN CHICKEN CAESAR WRAP

**SANTA ROSA GRILL AND PIZZA**

- TERIYAKI TURKEY BURGERS WITH PINEAPPLE AND SWISS CHEESE
- WHITE PIZZA

**SAN NICHOLAS DELI**

- ROASTED YELLOW PEPPER, HEIRLOOM TOMATO AND BRIE CHEESE ON TOASTED 9 GRAIN BREAD (VEG)

**ANACAPA SALAD**

- ORZO PASTA SALAD WITH LEMON, CUCUMBER AND FRESH HERBS (V)

- CALIFORNIA COBB SALAD

**ANACAPA SOUPS**

- TOMATO BISQUE (VEG)
- CHICKEN PASOLE

**SANTA CRUZ SWEETS**

- FROZEN TREATS AND COOKIES (LUNCH AND DINNER)
- PIE NIGHT

**FRIDAY JAN 31st**

**SANTA CATALINA PASTAS**

- MACARONI AND CHEESE STATION
- EGGPLANT PARMESAN (VEG)

**SAN CLEMENTE ENTREES AND SIDES**

**LUNCH**

- HERB BAKED CHICKEN WITH LEMON AU JUS
- BAKED POTATOES (V)
- VEGETABLE COUS COUS (V)
- FRESH CORN AND ARTICHOKE MEDLEY (V)

**DINNER**

- SZECHUAN BEEF STRIPS WITH MANDARIN ORANGE
- VEGETARIAN FRIED RICE (VEG)
- STEAMED JASMINE RICE (V)
- BABY BOK CHOY AND CARROTS (V)

**SAN MIGUEL MEXICAN GRILL**

- CRISPY FISH TACOS JICAMA AND ASIAN PEAR SLAW

**SANTA ROSA GRILL AND PIZZA**

- GRILLED CHICKEN PITA WITH PICKLED RED ONIONS AND CILANTRO/BOURSIN SAUCE
- FRESH MOZZARELLA AND PESTO PIZZA (VEG)

**SAN NICHOLAS DELI**

- CHICKEN, SPINACH AND GOAT CHEESE FLATBREAD WRAP

V=VEGAN

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### ANACAPA SALADS

- TABBOULEH SALAD (V)
- FENNEL, ORANGE AND BEET SALAD WITH FETA CHEESE (V)

### ANACAPA SOUPS

- CHICKEN AND SAUSAGE GUMBO
- NEW ENGLAND CLAM CHOWDER

### SANTA CRUZ SWEETS

- FROZEN TREATS AND COOKIES (LUNCH AND DINNER)



## WEEKEND MENU

### SATURDAY FEB 1st

#### BREAKFAST

- FULL SERVICE BREAKFAST GRILL
- OMELET STATION
- YOGURT BAR WITH ORGANIC GRANOLA
- ASSORTED DAILY HOT ENTRÉE SPECIALS
- CEREAL BAR
- BAGEL SELECTIONS
- FULL SALAD, FRUIT AND DRESSING STATION
- WAFFLE STATION

### DINNER

#### SANTA CATALINA PASTAS

- MEAT LASAGNA

#### SAN CLEMENTE ENTREES AND SIDES

- ORANGE CHICKEN
- BBQ BEEF BRISKET
- BAKED POTATOES (V)
- CHEFS CHOICE VEGETABLES (V)

#### SAN MIGUEL MEXICAN GRILL

- MEXICAN CHICKEN CAESAR SALAD WRAP

#### SANTA ROSA GRILL AND PIZZA

- CALIFORNIA BURGER WITH AVOCADO AND CHEDDAR CHEESE
- MARGHERITA PIZZA

#### ANACAPA SALADS

- CHEESE TORTELENI PASTA SALAD

#### ANACAPA SOUPS

- CHEFS CHOICE SOUPS

#### SANTA CRUZ SWEETS

- FROZEN TREATS AND COOKIES (BRUNCH AND DINNER)

### SUNDAY FEB 2nd

#### BREAKFAST

- FULL SERVICE BREAKFAST GRILL
- OMELET STATION
- YOGURT BAR WITH ORGANIC GRANOLA
- ASSORTED DAILY HOT ENTREES SPECIALS
- CEREAL BAR
- FULL SALAD, FRUIT AND DRESSING STATION
- WAFFLE STATION

### DINNER

#### SANTA CATALINA PASTAS

- MACARONI AND CHEESE (VEG)
- BAKED PENNE ALA BOLOGNESE

### SAN CLEMENTE ENTREES AND SIDES

- ORANGE CHICKEN
- SALMON FILLET WITH VERA CRUZ SAUCE
- BAKED POATOES
- STEAMED BROWN RICE PILAF (V)
- CHEFS VEGETABLES (V)

#### SAN MIGUEL MEXICAN GRILL

- MEXICAN CHICKEN CAESAR SALAD WRAP

#### SANTA ROSA GRILL AND PIZZA

- BUFFALO CHICKEN SANDWICH
- CHEFS CHOICE PIZZA

#### ANACAPA SALADS



- CHEESE TORTELENI PASTA SALAD (VEG)

#### ANACAPA SOUPS

- CHEFS CHOICE SOUPS

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