



MONDAY SEPT 2nd (LABOR DAY)



BRUNCH

- FULL SERVICE BREAKFAST GRILL
- OMELET STATION
- ORGANIC GRANOLA AND YOGURT STATION
- SALAD BAR
- "QUICK SERVICE" BREAKFAST BUFFET
- BAGEL BAR
- FULL SERVICE 'ALL DAY' GRILL
- **DINNER**
- CHICKEN MARSALA
- ASPARAGUS WITH LEMON OLIVE OIL (V) (GF)
- OVEN ROASTED PARMESAN POTATOES
- STEAMED HONEY GLAZED CARROTS (V) (GF)

SAN MIQUEL MEXICAN GRILL
BEEF FAJITA BURRITO

V=VEGAN

VEG=VEGITARIAN

GF=GLUTEN FREE

SANTA ROSA GRILL AND PIZZA

- MUSHROOM AND BACON CHEESEBURGER
- FRESH MOZZARELLA AND ROMA TOMATO PIZZA

ANACAPA SALADS

- TOMATO AND FETA GREEK SALAD (V)

ANACAPA SOUPS

- SPICY BLACK BEAN SOUP
- MUSHROOM BISQUE (VEG) (GF)

TUESDAY SEPT 3rd (AVOCADO CELEBRATION)

SANTA CATALINA PASTAS

- BUILD YOUR OWN GUACAMOLE STATION (VEG)

SAN CLEMENTE ENTREES AND SIDES

LUNCH

- FLANK STEAK WITH SPICY AVOCADO RELISH
- GRILLED ZUCHINI (V)
- PINEAPPLE RICE PILAF (V) (GF)
- BROCCOLI WITH CHEESE SAUCE (VEG) (GF)

DINNER

- AVOCADO STUFFED CHICKEN BREAST
- TRI COLORED ROASTED POTATOES (VEG)
- STEAMED VEGETABLE MEDLEY (V)
- JAMAICAN SPICED BANANA SQUASH (VEG)

SAN NICHOLAS DELI

- AVOCADO AND HEIRLOOM TOMATO PANINI WITH GOAT CHEESE SPREAD

SAN MIQUEL MEXICAN GRILL

- WET AVOCADO AND SHRIMP BURRITO

SANTA ROSA GRILL AND PIZZA

- AVOCADO TURKEY BURGER DELUXE
- CARNE ASADA PIZZA WITH FRESH AVOCADO DRESSING

ANACAPA SALADS

- ORANGE/AVOCADO SALAD

ANACAPA SOUPS

- CHILLED AVOCADO GAZPACHO (VEG)
- CHICKEN AND RICE SOUP

WEDNESDAY SEPT. 4th

SANTA CATALINA PASTAS

- MACARONI AND CHEESE BAR

SAN CLEMENTE ENTREES AND SIDES

LUNCH

- CHICKEN CURRY RICE BOWL
- COCONUT JASMINE (V)
- STEWED TOMATOES AND EGGPLANT (V)
- CAULIFLOWER AND BROCCOLI MEDLEY (V) (GF)

DINNER

- ADOBO RUBBED TRI TIP
- CILANTRO RICE PILAF (V)
- STUFFED ROMA TOMATOES (V)
- CORN AND RED PEPPER MEDLEY

SAN NICHOLAS DELI

- HARVEST CHICKEN SALAD CROISSANT

SAN MIQUEL MEXICAN GRILL

- CHICKEN, ROASTED PEPPER AND AVOCADO QUESADILLA

SANTA ROSA GRILL AND PIZZA

- BUFFALO CHICKEN WRAP
- PORTOBELLO MUSHROOM AND CHEESE PIZZA

ANACAPA SALADS

- COUS COUS AND MINT SALAD



- ANACAPA SOUPS
- LENTIL SOUP (VEG)
- CHICKEN DIABLO SOUP

THURSDAY SEPT 5th

SANTA CATALINA PASTAS

- MEAT LASAGNA
- PASTA WITH MARINARA OR ALFREDO SAUCES (VEG)

SAN CLEMENTE ENTREES AND SIDES

LUNCH

- TERIYAKI MEATBALLS
- SPICY BABY BOK CHOY (V)
- PINEAPPLE AND GREEN ONION RICE (V)
- SAUTEED GINGER CARROTS (V)

DINNER

- BROILED SALMON WITH CAJUN BUERRE BLANC
- HERBED COUS COUS MEDLEY (VEG)
- SAUTEED ASPARAGUS (V)
- CAPRI VEGETABLE BLEND (V)

SAN MIQUEL MEXICAN GRILL

- CHICKEN, ROASTED PEPPERS AND SPICY CHEESE SAUCE BURRITO

SANTA ROSA GRILL AND PIZZA

- GRILLED BACON, SWISS AND BALSAMIC ONION SANDWICH

- NEW YORK WHITE PIZZA
ANACAPA SALADS



- FRESH MOZZARELLA AND TORTELINI SALAD

ANACAPA SOUPS

- WHITE BEAN AND HAM SOUP
- VEGETARIAN CAULIFLOWER SOUP (VEG)

FRIDAY SEPT 6th

SANTA CATALINA PASTAS

- TUSCAN STYLE PASTA BAR WITH ASSORTED VEGETABLES, MEATS AND CHEESES

SAN CLEMENTE ENTREES AND SIDES

LUNCH

- CRISPY CHICKEN PARMESAN
- VEGETARIAN CREAMY POLENTA (VEG)
- ROASTED EGGPLANT AND CARROTS (V) (GF)
- SAUTEED GARLIC BROCCOLI (V) (GF)

DINNER

- LEMON CHICKEN BREAST WITH CAPERS
- VEGETABLE HARVEST RICE (V) (GF)
- GREEN BEANS WITH TOMATOES (V) (GF)
- MACARONI AND CHEESE (VEG)



SAN MIQUEL MEXICAN GRILL

- SPICY SHRIMP, MUSHROOM AND CHEDDAR QUESADILLA

SANTA ROSA GRILL AND PIZZA

- JALEPENO POPPER BURGER
- CHICKEN, BACON AND PINEAPPLE PIZZA

ANACAPA SALADS

- THE GREAT GREEN SALAD

ANACAPA SOUPS

- CHICKEN TORTILLA SOUP
- NEW ENGLAND CLAM CHOWDER

V=VEGAN

VEG=VEGITARIAN

GF=GLUTEN FREE



WEEKEND MENU

SATURDAY SEPT 7th

BREAKFAST

- FULL SERVICE "MADE TO ORDER" BREAKFAST GRILL
- ORGANIC GRANOLA STATION
- OMELET BAR
- WAFFLE STATION
- FULL SERVICE SALAD BAR
- ASSORTED FRUITS AND YOGURT
- "QUICK SERVICE" BREAKFAST BUFFET

DINNER

SANTA CATALINA PASTAS

- BAKED ZITI WITH ITALIAN SAUSAGE AND EGGPLANT

SAN CLEMENTE ENTREES AND SIDES



- SPICY ORANGE SHRIMP
- CARVED PORKLOIN WITH MUSHROOM SAUCE
- VEGETABLE RICE PILAF (V)
- SAUTEED ZUCHINI (V) (GF)
- BAKED POTATOES (V)

SAN MIQUEL MEXICAN GRILL

- PORK CARNITAS AND PICO DE GALLO TACOS

SANTA ROSA GRILL AND PIZZA

- BLACKENED CAJUN BURGER WITH PEPPERJACK CHEESE AND CHIPOLTE SAUCE
- SPINACH AND MUSHROOM PIZZA

ANACAPA SALADS

- ROASTED APPLES AND PEARS WITH WALNUTS AND MANDARIN SESAME DRESSING

ANACAPA SOUPS

- TURKEY AND RICE SOUP
- TOMATO AND BASIL BISQUE (VEG) (GF)

SUNDAY SEPTEMBER 8th

BREAKFAST

- FULL SERVICE "MADE TO ORDER" BREAKFAST GRILL

- ORGANIC GRANOLA STATION
- OMELET BAR
- WAFFLE STATION
- SALAD BAR
- ASSORTED FRUITS AND YOGURTS
- "QUICK SERVICE" BREAKFAST BUFFET

DINNER

SANTA CATALINA PASTAS

- MEAT LASAGNA

SAN CLEMENTE ENTREES AND SIDES

- HONEY GLAZED CHICKEN WITH SPICY JALEPENO SAUCE
- WHIPPED POTATOES
- ROASTED CHAYOTE SQUASH (V)
- SAUTEED CARROTS AND ZUCHINI (V)

SAN MIQUEL MEXICAN GRILL

- PORK CARNITAS AND PICO DE GALLO TACOS

SANTA ROSA GRILL AND PIZZA

- BLACKENED CHICKEN AND FRESH MOZZARELLA ON SOURDOUGH
- MUSHROOM AND SAUSAGE PIZZA

ANACAPA SALADS



- PASTA PRIMAVERA SALAD

ANACAPA SOUPS

- TURKEY AND RICE SOUP
- VEGETARIAN CHILI BEAN SOUP (VEG)

V=VEGAN

VEG=VEGITARIAN

GF=GLUTEN FREE