Meatless Mondays ❤

**MONDAY MARCH 7TH**

**SANTA CATALINA PASTAS**
- MAC AND CHEESE STATION

**SAN CLEMENTE ENTREES AND SIDES**

**LUNCH**
- TOFU FAJITA RICE BOWL, FLOUR TORTILLAS
- CORN AND BLACK BEAN RICE PILAF
- SAUTÉED ASPARAGUS AND VEGETABLES

**DINNER**
- GRILLED VEGETABLE LASAGNA
- ALFREDO SAUCE AND MARINARA
- ITALIAN VEGETABLES

**SAN NICHOLAS DELI**
- HUMMUS, SPROUTS, TOMATOES, AVOCADO, TANDOORI AIOLI ON NAAN BREAD

**SAN MIGUEL MEXICAN GRILL**
- VEGETARIAN SUPREME NACHOS

**SANTA ROSA GRILL AND PIZZA**
- HAWAIIAN PINEAPPLE, TERIYAKI AND WITH SWISS BLACK BEAN BURGER, BROICHE BUN
- PIZZA DEL GIORNO

**ANACAPA SALADS**
- MONDAY SALAD MADNESS

**ANACAPA SOUPS**
- CHICKEN SAUSAGE GUMBO
- VEGETARIAN TORTILLA SOUP

**SANTA CRUZ SWEETS**
- FROZEN YOGURT AND COOKIES (LUNCH & DINNER)

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**TUESDAY MARCH 8TH**

**SANTA CATALINA PASTAS**
- CAJUN PASTA STATION

**SAN CLEMENTE ENTREES AND SIDES**

**LUNCH**
- SHREDDED CHICKEN BANH MI, CUCUMBER AND CILANTRO SLAW, FRESH BAKED ROLL
- SESAME RICE
- STEWED VEGETABLES

**DINNER**
- SLOW ROASTED ST. LOUIS RIBS, CRANBERRY AND APPLE REDUCTION
- GARLIC WHIPPED POTATOES
- VEGETABLE MEDLEY

**SAN NICHOLAS DELI**
- JALAPENO BLT ON FLAT BREAD WITH MOZZARELLA

**SAN MIGUEL MEXICAN GRILL**
- CRISPY FISH TACOS WITH SOUR CREAM AND SALSA VERDE

**SANTA ROSA GRILL AND PIZZA**
- HOT PASTRAMI HOAGIE, HONEY MUSTARD, SAUTÉED ONIONS AND PROVOLONE
- PIZZA DEL GIORNO

**ANACAPA SALADS**
- GARDEN KITCHEN SINK WITH GOAT CHEESE
- SEAFOOD LOUIS SALAD WITH ICEBERG

**ANACAPA SOUPS**
- VEGETABLE JAMBALAYA
- BEEF AND BARLEY

**SANTA CRUZ SWEETS**
- FROZEN YOGURT AND COOKIES (LUNCH & DINNER)

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**WEDNESDAY MARCH 9TH**

**SANTA CATALINA PASTAS**
- ASIAN NOODLE STATION

**SAN CLEMENTE ENTREES AND SIDES**

**LUNCH**
- ORANGE CHICKEN
- FRIED RICE
- SESAME SPICED VEGETABLES

**DINNER**
- SANTA MARIA STYLE CARVED TRI TIP WITH BBQ AU JUS
- BAKED POTATO BAR
- BROCCOLI FLORETS

**SAN NICHOLAS DELI**
- TUNA SALAD ON A CROISSANT WITH SWISS

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**THURSDAY MARCH 10TH**

**SANTA CATALINA PASTAS**
- Farmer’s Market Stand

**SAN CRUZ SWEETS**
- Frozen Treats and Cookies (Lunch & Dinner)

**SAN MIGUEL MEXICAN GRILL**
- Taco Salad with Savory Ground Beef, Cilantro Ranch

**SANTA ROSA GRILL AND PIZZA**
- Chicken Ranch Club, Bacon, Lettuce, Tomatoes, Swiss and Onions
- Pizza Del GIORNO

**ANACAPA SALADS**
- BLT Chopped Salad with Balsamic
- Roasted Beets, Onions, Peppers and Mozzarella

**ANACAPA SOUPS**
- Cream of Chicken
- Potato, Kale and Fire Roasted Tomato

**SAN NICHOLAS DELI**
- Italian Sub, Ham, Pepperoni and Salami with provolone with hot Giardaara (Pickled Italian Veggies)

**SAN MIGUEL MEXICAN GRILL**
- Pork Pastor Bolio, Pineapple Corn Salsa, Queso Fresco

**SANTA ROSA GRILL AND PIZZA**
- Crispy Ground Beef Steak Sandwich with American, Tomatoes and Pickles on Potato Bun
- Pizza Del GIORNO

**ANACAPA SALADS**
- Crispy Chicken and Ranch Salad
- Cucumber and Asian Slaw

**ANACAPA SOUPS**
- Chicken Minestrone
- Vegetarian Minestrone

**FRIDAY MARCH 11TH**

**SANTA CATALINA PASTAS**
- Italian Pasta

**SAN CRUZ SWEETS**
- Frozen Treats and Cookies (Lunch and Dinner)

**SAN MIGUEL MEXICAN GRILL**
- Beef Barbacoa, Salsa Roja, Flour Tortillas
- Sour Cream Whipped Potato
- Sauteéd Peppers, Squash and Vegetables

**SAN NICHOLAS DELI**
- Italian Sub, Ham, Pepperoni and Salami with provolone with hot Giardaara (Pickled Italian Veggies)

**SAN MIGUEL MEXICAN GRILL**
- Pork Pastor Bolio, Pineapple Corn Salsa, Queso Fresco

**SANTA ROSA GRILL AND PIZZA**
- Crispy Ground Beef Steak Sandwich with American, Tomatoes and Pickles on Potato Bun
- Pizza Del GIORNO

**ANACAPA SALADS**
- Crispy Chicken and Ranch Salad
- Cucumber and Asian Slaw

**ANACAPA SOUPS**
- Chicken Minestrone
- Vegetarian Minestrone

**SAN NICHOLAS DELI**
- Grilled Vegetable and Pesto Flat Bread

**SAN MIGUEL MEXICAN GRILL**
- Cheese Enchiladas

**SANTA ROSA GRILL AND PIZZA**
- Tofu and Mushroom Cheesesteak (Vegetarian) on a Sweet Corn Roll

**SAN NICHOLAS DELI**
- Grilled Vegetable and Pesto Flat Bread

**ANACAPA SALADS**
- Steak and Bleu Cheese Salad with Roasted Tomatoes and Onions
- Vegetable Tabouli

**ANACAPA SOUPS**
- Garden Vegetable and Noodle
- Clam Chowder
WEEKEND MENU:

SATURDAY MARCH 12TH

BREAKFAST
- FULL SERVICE BREAKFAST GRILL
- OMELETT STATION
- YOGURT BAR WITH ORGANIC GRANOLA
- ASSORTED DAILY HOT ENTREES SPECIALS
- CEREAL BAR
- FULL SALAD, FRUIT AND DRESSING STATION
- WAFFLE STATION

DINNER
- SANTA CATALINA PASTAS
- SAN CLEMENTE ENTREES AND SIDES
  - MEAT LASAGNA
  - VEGETABLE LASAGNA
  - ITALIAN STYLE VEGETABLES
- SAN MIGUEL MEXICAN GRILL
  - CHEF’S CHOICE
- SANTA ROSA GRILL AND PIZZA
  - CHEF’S CHOICE
  - PIZZA DEL GIORNO
- ANACAPA SALADS
  - CHEF’S CHOICE
- ANACAPA SOUPS
  - CHEF’S CHOICE
- SANTA CRUZ SWEETS
  - FROZEN TREATS AND COOKIES (BRUNCH AND DINNER)

SUNDAY MARCH 13TH

BREAKFAST
- FULL SERVICE BREAKFAST GRILL
- OMELETT STATION
- YOGURT BAR WITH ORGANIC GRANOLA
- ASSORTED DAILY HOT ENTREES SPECIALS
- CEREAL BAR
- FULL SALAD, FRUIT AND DRESSING STATION
- WAFFLE STATION

DINNER
- SANTA CATALINA PASTAS
- SAN CLEMENTE ENTREES AND SIDES
  - MEAT LASAGNA
  - VEGETABLE LASAGNA
  - ITALIAN STYLE VEGETABLES
- SAN MIGUEL MEXICAN GRILL
  - CHEF’S CHOICE
- SANTA ROSA GRILL AND PIZZA
  - CHEF’S CHOICE
  - PIZZA DEL GIORNO
- ANACAPA SALADS
  - CHEF’S CHOICE
- ANACAPA SOUPS
  - CHEF’S CHOICE
- SANTA CRUZ SWEETS
  - FROZEN TREATS AND COOKIES (BRUNCH AND DINNER)